

# Elementary Hot LUNCH MENU

Thanks for your Participation!!



**FOUR SEASONS**  
food service management



## A` la Carte Items

*Fresh baked cookies  
Ice cream  
Snacks  
Hot soft pretzel  
Snapple beverages  
Water, Milk and Juice*

## Salads, Wraps & Additional Vegetarian options

*Only Available by  
Pre Order  
@fस्पreorder.com  
Order the day before  
Until 8:30 am day of*

*\*\*Gluten Free  
available  
On request!\*\**

**Featuring**

**Boar's Head  
Brand  
Deli Meats**

	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<b>Week 1</b>	Chicken tenders Panini-Turkey bacon Pasta w/ butter sauce Served with French fries, fruit cup	Chicken nuggets or Taco Tuesday served w/corn & Spanish rice	Pizza Roll Popcorn chicken served w/ French fries Fruit cup	Hamburger/ cheeseburger or Grilled chicken wrap served with diced pears Tater Tots	Pizza or Pasta w/pink sauce Mozzarella sticks served w/ Caesar salad
<b>Week 2</b>	Chicken tenders Hot dog Pasta w/Alfredo sauce Served w/tater tots, broccoli	Chicken nuggets or Lo mein Served w/ Rice, diced pears	Chicken quesadillas Mac & cheese wedges Turkey BLT wrap served with chips & Fruit cup	Crispy chicken wrap Bacon, egg & cheese on a roll Chicken Parm Served w/tater tots, diced pears	Pizza Mozzarella Sticks Macaroni & cheese served w/ French Fries Caesar salad
<b>Week 3</b>	Chicken Tenders Meatball sub Spaghetti marinara Served w/French fries Vegetable of the day	Chicken nuggets or Pancakes w/ bacon breakfast potatoes fruit cocktail	Popcorn chicken Macaroni & cheese Hot turkey w/ gravy Served with mashed potatoes, corn	Hamburger/ cheeseburger or Grilled chicken wrap served with peaches, caesar salad	Pizza or Pasta w/ pink sauce Grilled Cheese Mozzarella Sticks Fruit cup
<b>Week 4</b>	Chicken Tenders Steak & cheese sub Pasta w/ butter Served w/tater tots, Vegetable of the day	Chicken nuggets Taco Tuesday served w/ steamed corn Spanish rice	Popcorn chicken Empanadas (beef) Panini/Turkey/bacon served w/ green bean salad Fruit cocktail	Hamburger/ cheeseburger or Chicken Parm Spaghetti marinara Served w/French fries Vegetable of the day	Pizza or Pasta w/pink sauce served w/ garden salad mozzarella sticks
<b>Week 5</b>	Chicken tenders Sausage/peppers & onions Pasta w/garlic & oil Served w/tater tots,	Chicken nuggets Beef burritos Served w/tater tots, diced pears	Chicken quesadillas Mac & cheese wedges Chicken caesar wrap Fries & fruit cup	Chicken sandwich French toast w/ bacon Spaghetti garlic & oil Served w/tater tots, diced pears	Pizza or Pasta w/pink sauce Chicken Parm garden salad mozzarella sticks

**Choose your corresponding menu day beginning with week 1.**  
*Please skip daily menu for school closings/ holidays & non- service days-  
Refer to your school calendar  
For Dietary or Allergy Questions please call 732-780-4478*

Reload existing or order a new Dining Card @fस्पreorder.com /or visit us @Fourseasonsfsm.com