

Elementary Hot LUNCH MENU

Welcome
Back to school!



FOUR SEASONS
food service management



	Mon	Tue	Wed	Thu	Fri
Week 1	<i>Chicken tenders</i> Panini—mozzarella & roasted peppers Fusilli pasta w/ butter sauce Served with French fries, Vegetable of the day	Chicken nuggets or Taco Tuesday (beef) served w/ steamed corn Spanish rice	Pizza bites or Popcorn chicken served w/ French fries vegetable of the day	Hamburger/ cheeseburger or Grilled chicken wrap served with peaches, potato salad	Pizza or Pasta w/light pink sauce served w/ garden salad mozzarella sticks
Week 2	Chicken tenders Hot dog Pasta w/ Alfredo sauce Served w/tater tots, broccoli	Chicken nuggets Or Mini tacos Tuesday Served w/ mashed potatoes, diced pears	Chicken quesadillas Mac & cheese wedges Or Turkey with lettuce on a bun served with chips & pasta salad	Crispy chicken wrap Bacon, egg & cheese on a roll Chicken parm Served w/tater tots, diced pears	Pizza or Pasta w/light pink sauce served w/ Caesar salad mozzarella sticks
Week 3	Chicken Tenders Meatball sub Spaghetti marinara Served w/French fries Vegetable of the day	Chicken nuggets or Taco Tuesday (chicken) served w/ fruit cocktail white rice	Popcorn chicken Macaroni & cheese Hot turkey w/ gravy, Served with mashed potatoes, corn	Hamburger/ cheeseburger or Grilled chicken wrap served with peaches, pasta salad	Pizza or Pasta w/light pink sauce served w/ garden salad mozzarella sticks
Week 4	Chicken Tenders Steak & cheese sub Spaghetti marinara Served w/tater tots, Vegetable of the day	Chicken nuggets or Taco Tuesday (beef) served w/ steamed corn Spanish rice	Popcorn chicken Empanadas (beef) Panini- Turkey & bacon served w/green bean salad Fruit cocktail	Hamburger/cheeseburger or Chicken parm Spaghetti marinara Served w/French fries Vegetable of the day	Pizza or Pasta w/light pink sauce served w/ garden salad mozzarella sticks
Week 5	Chicken tenders Sausage/peppers & onions Pasta w/garlic & oil Served w/tater tots, broccoli	Chicken nuggets Or Mini tacos Tuesday Served w/tater tots, diced pears	Chicken quesadillas Mac & cheese wedges Or Turkey with lettuce on a bun served with chips & pasta salad	Crispy chicken sandwich French toast with bacon Spaghetti garlic & oil Served w/tater tots, diced pears	Pizza or Pasta w/light pink sauce served w/ garden salad mozzarella sticks

A` la Carte Items

Fresh baked cookies
Ice cream
Snacks
Hot soft pretzel
Snapple beverages
Water, Milk and Juice

Salads, Wraps & Additional Vegetarian options

Only Available by
Pre Order
@fspiorder.com
Order the day before
Until 8:30 am day of

***Gluten Free*
available
*On request!***

Featuring

**Boar's Head
Brand
Deli Meats**

Choose your corresponding menu day beginning with week 1.

*Please skip daily menu for school closings/ holidays & non- service days-
Refer to your school calendar*

For Dietary or Allergy Questions please call 732-780-4478

Pre order your salad or wrap @fspiorder.com /or visit us @Fourseasonsfsm.com

